

# move together

## FREE MONTHLY FUN RUN/WALK EVENTS

Bring the kids, bring the neighbors, bring your whole run crew!

At each event you can look forward to a fun up-beat atmosphere with guided run/walk routes, music, giveaways, raffles, and post-movement Q&A's.

### 2025 MEETUP SCHEDULE

Wednesday, March 19	West HS	5:00 pm
Wednesday, April 16	Livingston ES	5:00 pm
Wednesday, May 28	Southwood ES	5:00 pm
Wednesday, June 18	Gables ES	5:00 pm
Wednesday, July 23	West HS	5:00 pm
Wednesday, August 20	Livingston ES	5:00 pm
Wednesday, September 24	Southwood ES	5:00 pm
Wednesday, October 22	Gables ES	5:00 pm
Wednesday, November 19	West HS	5:00 pm
Wednesday, December 10	Lincoln Theatre	5:00 pm

PRIZES  
GIVEAWAYS  
SNACKS &  
MORE!

Register at [www.move-together-columbus.com](http://www.move-together-columbus.com)

#### Activities include:

**4:45pm** - Arrive early to find parking! Follow the signs to each school's meet up location

**5:05pm** - Program begins

- Opening remarks welcome & introductions
- Quick warm up
- Walk and run begins
- Post walk and run snacks and beverages

**6:00pm** - Raffles, door prizes and more

**6:15pm** - Post walk and run open Q&A

- Stick around after the walk and run to ask our volunteer health and wellness enthusiasts questions. Our group of volunteers love sharing their knowledge in areas of running and walking, and health and wellness.



HEALTHY BODIES  
ACTIVE MINDS  
COLUMBUS CITY SCHOOLS



FLEET  
FEET



BROOKS



Miles For Justice